



**PEER MENTORING**



**Inspire. Motivate. Empower.**  
**Become a Peer Mentor!**

1-800-782-4160  
[www.dnmm.org](http://www.dnmm.org)

A Peer Mentor is a person with a disability who has learned successful life strategies through their own experiences.



### **A PEER MENTOR:**

- ◆ Offers empathy, not sympathy
- ◆ Knows the benefits of living independently
- ◆ Helps individuals help themselves
- ◆ Builds bridges between people and community resources
- ◆ Empowers individuals to make their own decisions



**Sign Up Today! 1-800-782-4160**



*We provide services in Alcona, Arenac, Bay, Clare, Gladwin, Gratiot, Iosco, Isabella, Midland, Ogemaw, Roscommon and Saginaw counties.*